

# **How Shall We Then Live**

A Course for People Who Want to Walk with God

by Douglas McMurry

Assignments to Accompany the Teachings

For Home Groups or Mentoring Relationships

**First Series: THE BASICS  
(Learning to Connect with God)**

## **THE BASICS Teaching #7: LETTING GOD SPEAK DAILY**

### Food for the backpack

Romans 8:6-9 --Our challenge: getting out of the flesh and into the Spirit  
Hebrews 5:7-10 --Jesus offered Himself to us as a model of prayer  
Hebrews 10:19-22 --Jesus, as the new High Priest, invites us to draw near to God

Matthew 26:36-46 --For Jesus, prayer was serious business. Even at the point of

death, it was top priority

Matthew 14:13-14, 22-24 --Jesus, the busiest man in history, had to plot and plan

His quiet times

Acts 16:16-34 --Prayer can convert the most desperate circumstances into an

opportunity

James 4:4-10 --Prayer allows God to give you a whole new set of priorities

### Heart-prodders

Q.: Finding consistent time for God is likely to be a challenge, because there is so much to discourage and distract us from it. What are your unique challenges, and what are you prepared to do, to make this a daily priority?

Q.: Are there any people you know, who have modelled out consistent prayer as a lifestyle? What have you learned from them?

Q.: Sometimes, a beginning effort to find time for God falls a little flat—like a child learning to swim or ride a bicycle. Are you willing to keep going after God, through the initial phases of learning something new?

### Assignment

Write down your honest thoughts and feelings about this journey so far, and share what you wrote with the others—your fellow travelers.