

How Shall We Then Live

A Course for People Who Want to Walk with God

by Douglas McMurry

Assignments to Accompany the Teachings

For Home Groups or Mentoring Relationships

**First Series: THE BASICS
(Learning to Connect with God)**

THE BASICS Teaching #3: SURRENDER TO GOD

Food for the backpack

Matthew 11:28-30 --“Come to me...and find rest for your soul”

Revelation 3:19-20 --Let Him in. He doesn't force His way with anyone

James 1:5 --God's loving, accepting nature. Believe it!

Matthew 19:16-26 --Surrender vs “doing good”

Matthew 10:37-39 --The one who loses his life will find it

John 1:9-13 --An invitation to be “born of God”

John 3:1-17 --Not a mental decision only, but a transformation of the heart

Heart-prodders

Q.: Does the invitation to “let go and let God” seem fearsome or welcome to you? What prevents you from taking this up as an experiment, moving beyond pondering it, to actually trying it?

Q.: Are there areas of your life that are begging to be surrendered to God? Look for areas of perpetual conflict, high stress and chronic failure.

Assignment

Write down (in the quickie prayer journal you just started last week) how you feel about the various areas of your life that would be most likely to profit if you surrendered them over to God (as in Question 2). At next week's meeting, share these with the group. At the group meeting, take some time to surrender these to Him in prayer, as you wish.

As you give your heart to Jesus in an act of surrender, it may be a good time to be baptized. Baptism is a sacrament of the Church. Each church has a slightly different way of explaining and doing baptism, so I will leave that to you to accomplish in the way that seems best in your situation. But if you have not been baptized, please talk to someone about receiving that sacrament soon. This is the way Jesus Himself recommends starting our journey with Him (John 3:22-30).